

Get Your Groove Back Conference



ROSEMARY T. **MUPAMBWA Executive Director** and Life Coach



CHARITY BALOYI Motivational Speaker



DR CHINONYE OTU **Medical Doctor**



MARLENE Event MC

This is an **opportunity** for you to enjoy an evening out - and - gain a new **perspective** on life, as you listen to our incredible speakers - all designed to help you "GET YOUR GROOVE BACK!"

Tickets: \$25 each and 2 for \$40.00

Registration is easy - send your name and E-Transfer \$25 to info@rlwomencenter.org

See you on March 27th! At the Cannery Brewery Penticton

MARCH 27, 2025 6:30-8:30 PM

CANNERY BREWERY 198 ELLIS ST, PENTICTON, BC V2A 4L5

Topics Include:

- Self Care with Rosemary
- How to Set The Pace for a Happy Life with Charity
- Menopause with Dr Chinonye Otu