

The Kettle Valley Rail (KVR) Trail is one of the most iconic attractions in Penticton. The KVR Trail is a decommissioned rail trail that has been converted into a recreational trail network, and is also part of the Trans Canada Trail – which is a 28,000 km trail system that crosses every province and territory, and is one of the longest multi-use trails in the world. The section between Penticton and Naramata is arguably the most developed of the entire KVR. The KVR Trail is a family-friendly trail that is very well maintained and ideal for riders and walkers of any ability. You can enjoy the trail year-round whether walking, cycling, hiking, horseback riding or fatbiking, the panoramic views of the valley, lake and mountains are beautiful every season. The KVR Trail is non-motorized and only changes to multi-use in specific sections as noted below and on the map. Use caution when riding on these motorized sections and always be aware of weather conditions that may affect parts of the trail.

KVR Myra & Boundary: Penticton to Boundary

Penticton to Naramata

Easily accessible from downtown Penticton, the best place to start is by parking on Vancouver Ave and then accessing the KVR Trail at the end of Vancouver Place. The trail from Penticton to Little Tunnel is about 16 km one way (approx 2.5 hours round-trip by bike). From Little Tunnel, the trail continues to Chute Lake and then continues all the way north to Kelowna's Myra Canyon and beyond to Midway. The portion from Little Tunnel to Glenfir Station, and again from Chute Lake to Ruth Station in Kelowna is open to motorized traffic. For those with mobility issues, you can drive from the Glenfir Parking Lot to the Little Tunnel Parking Lot (5 km), and then from the parking lot to Little Tunnel (300 m) it is paved.

KVR The Connector: Penticton to Summerland & Princeton

Working its way north out of the city on the opposite side of Okanagan Lake from the Naramata Bench, the KVR Trail passes through the Penticton Indian Band as it continues onto Summerland. This section is a private trail that is not maintained and is currently closed to the public due to safety concerns from washed out sections. The best access point for this section of the KVR Trail is by driving to the Trout Creek area of Summerland and parking on Fenwick Road, where you can make your way onto the trail heading towards the Prairie Valley KVR Station and continuing on towards Princeton. There is also parking available at the Summerland Rodeo Grounds. This section of the KVR starting at Faulder is open to motorized vehicles, so we recommend gravel or mountain bike specific tires and bikes, and to use caution when riding.

KVR Southern Spur: Penticton to Osoyoos

Penticton to Okanagan Falls

There is a south spur section you can take from Penticton down to Okanagan Falls (OK Falls) and beyond to Osoyoos, starting at Wright's Beach Camp, continuing alongside Skaha Lake and across the Trestle Bridge into Okanagan Falls. The parking lot for the KVR at Wright's Beach Camp is only open from October to May. The other option is the parking lot at the end of the Penticton Channel or the free 3-hour city parking on the road east of the airport. From here, you will ride or walk beside the road for about 550 m until you reach the underpass in front of Barefoot Beach Resort to bring you under the highway and through Wright's Beach Camp to the KVR Trail. This trail is about 13 km one way from Wright's Beach to the end of the Trestle Bridge in OK Falls (approx. 2 hours round-trip by bike). To continue south on the KVR Trail, you will ride along the highway until you reach Tucelnuit Drive in Oliver, at which point the partially paved KVR Trail will take you all the way to Osoyoos Lake.

www.visitpenticton.com/experience/kettle-valley-rail-trail/ www.bcrailtrails.com/ www.tctrail.ca/