



## Healing & Talking Circles

SOICS- Southern Okanagan Immigrant Community Services 340 Ellis St, Penticton, BC V2A 4L7

## August 13, 2024, Either 2-5 pm or 5-7 pm

Connect with other women from diverse backgrounds to share experiences and wisdom.

Explore ways to remove obstacles to healing and tap into inner healing powers.

**Topics Include:** Chronic illness, trauma, parenting, and more. Emotional support and guidance in a safe space is available

**Contact:** Rosemary for more information or to sign up at, info@rlwomencenter.org or 403-630-7977 or lveth Zwyssig on 250-492-6299 <u>ivethz@soics.ca</u>

This event is supported by the Gvt of Canada's Supporting Black Canadian Communities Initiative & New Horizons Seniors Program





